



MAY 16-22, 2022

TIME	16-May	17-May Tuesday	18-May Wednesday	19-May Thursday	20-May Friday	21-May Saturday	22-May Sunday
AM 8:00 - 12:00							Stretch to the Sky L1 08:00-09:00
			Vinyasa 09:00-10:00	Vinyasa 09:00-10:00	Open Up 09:00-10:00		
PM 12:00 - 2:00			Yoga Meditation 12:30-1:00				
		Yoga Meditation 1:00-2:00			Air Yoga Remix 1:00-2:00		
2:00 - 4:00				Yoga Meditation 2:00-4:00		Yoga Meditation 3:00-3:45	Yoga Meditation 3:00-3:45
4:00 - 6:00							
						Detox Air 5:30-6:30	Hatha 5:00-6:00
6:00 - 8:00							
		Fundamentals 7:00-8:00	Detox Air 7:00-8:00	Hatha 7:00-8:00	Air Yoga Remix 7:00-8:00		

For Your Reminder:

- Please arrive at least 10 minutes before Yoga class, and 10 minutes before Air class.
- All the classes will begin on time. Late comers will not be checked-in.
- Please book the night before for next morning's class.
- The type of classes or Instructor is subject to change without prior notice.
- Please be considerate in order to maintain the ambience of the class. Please keep your mobile phones inside the locker.
- Please wear mask upon entering our studio. Relax and we will do the rest.

Cancellation:

- Minimum 4 hours on weekdays, and 24 hours on weekends & public holidays.
- If the required time for cancellation is not met then a class will be deducted from your package.
- Reservation for group classes can be made up to 2 days in advance of the actual class date.