



JAN 03-09, 2022

TIME	3-Jan Monday	4-Jan Tuesday	5-Jan Wednesday	6-Jan Thursday	7-Jan Friday	8-Jan Saturday	9-Jan Sunday
AM 8:00 - 12:00					CLOSED	CLOSED	CLOSED
	Wize Wheel 09:30-10:30	Rise & Shine 09:30-10:30		Open Up 09:30-10:30			
PM 12:00 - 2:00			Yoga Meditation 12:30-1:00				
	Air Yoga Remix 1:15-2:15	Open Up 1:00-2:00		Coming Soon 1:15-2:00			
2:00 - 4:00		Hatha Bliss 2:00-3:00					
4:00 - 6:00							
6:00 - 8:00				Coming Soon 7:00-7:30			
	Air Yoga Remix 7:30-8:30		Detox Air 7:30-8:30	Stretch & Balance 7:30-8:30			

For Your Reminder:

- Please wear mask upon entering our studio. Relax and we will do the rest.
- The type of class or Instructor is subject to change without prior notice.
- Please arrive at least 5 minutes before Yoga class, and 10 minutes before Air class.
- Late comers will not be checked in.
- All the classes will begin on time. Once the class starts, you will not be permitted in.
- Please be considerate in order to maintain the ambience of the class.
- Please do not bring your mobile phone into the class.
- Please book the night before for next morning's class.

Cancellation:

- Minimum 4 hours on weekdays, and 24 hours on weekends & public holidays.
- If the required time for cancellation is not met then a class will be deducted from your package.
- Reservation for group classes can be made up to 2 days in advance of the actual class date.
- Bookings will be closed 30 mins before class